

Thames Valley District School Board



Our school is committed to providing all students with a safe, caring, and inclusive learning environment free from bullying and harassment that promotes respect, acceptance, and empathy.

Our staff, students, parents, and community will work together as a team to make our school safe and welcoming for everyone.

Safe and Inclusive School Plan

Ensuring Positive Learning Environments



This year we are focusing on the identification and management of emotions and stress management and coping skills. We are doing this to see an improvement in student well-being and overall academic achievement.



Throughout the year, we will be:

1. Implementing a monthly focus on self-management skills and coping strategies with celebrations of success
2. Participating in classroom and school wide activities
3. Engaging with our community partners and families/guardians about the management of stress and emotions.



Community/Home Connections

Ask your child about how they are feeling. Have them name their emotion(s).

Try having your child teach you the strategies they learn at school, at home.

Check out this resource <https://smho-smso.ca/blog/12-easy-and-fun-mental-health-practices-to-try-with-your-children-at-home/> about your child and Mental Health.