

Thames Valley District School Board

Our school is committed to providing all students with a safe, caring, and inclusive learning environment free from bullying and harassment that promotes respect, acceptance, and empathy.

Our staff, students, parents, and community will work together as a team to make our school safe and welcoming for everyone.

Safe and Inclusive School Plan

Ensuring Positive Learning Environments



This year we are focusing on improving students' feelings of safety and well-being by reducing anxiety and stress.

We are doing this because mental health is a cornerstone of what holds up other domains of student life. Overall student achievement, relationships, and behaviours are all impacted when mental health is not addressed.



Throughout the year, we will be:

1. Educating our students and parents about mental health
2. Facilitating activities in our classes which promote positive mental health

Community/Home Connections

Ask your child about what it means to be mentally healthy. What does it look like? When your mental health is poor, in what ways does it impact you?



Try talking about positive mental health strategies at home with your child.

Check out this resource www.tvdsb.ca/en/students/mental-health-and-well-being.aspx# for resources for students, families, and educators.

